



The Little Firefly Forest School RECOMMENDED KIT LIST

Our forest schools are outside all day, everyday, come rain or shine! Please find our bulleted kit list below. You can find more specific advice and guidance around waterproofs and footwear on our website: www.thelittlefireflyforestschool.co.uk/clothing

Summer	Winter	Spring/Autumn
Setting the scene... our British summers can equally feature chilly, windy days, showery downpours and super hot sunshine. Plus warm days mean water play and wet clothes!	Setting the scene... frosty mornings, chilly hands, cold feet and trying to get those layers off to go to the toilet! It's also getting dark at pick-up time.	Setting the scene... arriving at damp and wet forest school from the cool nights leading into warmer days. The shoulder season needs bit of every item of clothing.
Clothing (please can all items be labelled, we have a lot of layers to work with!)		
<u>Arrive wearing:</u> <ul style="list-style-type: none"> Sunscreen (preferably an all day sunscreen) Sunhat Leggings A light coloured long sleeved top Closed toe shoes (or wellies if wet) <u>Spares in bag:</u> <ul style="list-style-type: none"> Waterproof trousers and coat A couple of pairs of comfortable trousers (jogging bottoms or leggings) A couple of t-shirts, and light long sleeved t-shirts One fleecy zip up jacket A couple of pairs of socks Spare underwear (a few pairs if toilet training) 	<u>Arrive wearing:</u> <ul style="list-style-type: none"> Thermal leggings and jogging bottoms Fleece lined waterproof trousers or similar Thermal top, long sleeved top, fleece Warm, waterproof coat Two or three pairs of socks (thermal socks preferred) Wellies or snow boots Woolly hat and gloves <u>Spares in bag:</u> <ul style="list-style-type: none"> Pants and socks x5 Thick, warmer socks x2 Waterproof shoes x1 Waterproof trousers x1 Waterproof coat x1 Spare pairs of trousers/leggings (not jeans) x5 Spare long sleeved tops x2 Spare jumpers x2 	<u>Arrive wearing:</u> <ul style="list-style-type: none"> A pair or two of leggings/jogging bottoms Waterproof trousers Wellies or closed toe shoes A long sleeved top, fleece and coat <u>Spares in bag:</u> <ul style="list-style-type: none"> Waterproof trousers and coat A couple of pairs of comfortable trousers (jogging bottoms or leggings) A couple of long sleeved t-shirts or tops One thick jumper One fleecy zip up jacket (in the backpack, just in case) A few pairs of socks Spare underwear (a few

		pairs if toilet training)
Shoes, hats and accessories		
<ul style="list-style-type: none"> • A waterproof bag • A sun hat • Named suncream • Closed toe shoes • Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!) 	<ul style="list-style-type: none"> • A waterproof bag • Wellies or snow boots (a size bigger to accommodate thick socks) • Woolly hat • Thick mittens x1 • Thin gloves x4 • A snood or similar x1 	<ul style="list-style-type: none"> • A waterproof bag • Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy and a size bigger to accommodate thick socks) • A woolly hat • A sun hat • Gloves
Food and water		
<ul style="list-style-type: none"> • A water bottle • A packed lunch • A cool pack to keep lunch cool in warmer weather 	<ul style="list-style-type: none"> • A water bottle • A packed lunch • Warm food in a thermos flask to help warm up on chilly days 	<ul style="list-style-type: none"> • A water bottle • A packed lunch • A warm thermos or cool pack depending on weather
For children in nappies		
<ul style="list-style-type: none"> • Nappies/pull-ups - it is much easier to change nappies in cold weather due to all layers but pull-ups are fine in summer • Wipes • Nappy bags • Any nappy cream used 		